IF YOU SEE THE FLASH

DOOMREADY

Lights out, ready.



1 DON'T LOOK
turn away

2 LIE FLAT
cover your head

3 WAIT
the wave is coming

4 GET INSIDE
brick or concrete

5 GO LOW
basement or center

6 SHUT IT
doors · windows · vents

GET INSIDE · STAY INSIDE · STAY TUNED

Stay inside at least 24 hours. A car is not a shelter. General information — follow official guidance.

CARD 1 · KEEP IN THE GO-BAG

THE BLAST CARD



1. **DON'T LOOK**
   turn away from the flash
2. **LIE FLAT**
   face down, hands over head
3. **WAIT**
   stay down until the wave passes
4. **GET INSIDE**
   nearest brick or concrete
5. **GO LOW**
   basement or building center
6. **SHUT IT**
   doors, windows, vents closed

A CAR IS NOT A SHELTER. STAY INSIDE 24 HOURS. STAY TUNED.

CARD 2 · TAPE INSIDE THE ROOM DOOR

THE SHELTER CARD



- [ ] **Room picked: basement or building center**
- [ ] **Water stored inside the room**
- [ ] **Radio + spare batteries inside**
- [ ] **Blankets, light + sealed food inside**
- [ ] **Soap, basin, bags + spare clothes ready**
- [ ] **Pet corner: food, water, carrier**

Rule of the room: nobody leaves before 24 hours unless officials say so.

CHECKLIST · THE FIRST 3 DAYS

72-HOUR CHECKLIST

- [ ] Water — 3 gallons for every person
- [ ] Food — 3 days, no cooking needed
- [ ] Crank or battery radio
- [ ] Flashlights + spare batteries
- [ ] First aid kit + 2 weeks of medicine
- [ ] Cash in small bills
- [ ] Documents pouch — IDs + insurance copies
- [ ] Phone power bank, charged
- [ ] Pet food + water for 3 days
- [ ] Bags + bucket for sanitation
- [ ] Manual can opener
- [ ] Warm layers + blankets for everyone

Three days is the floor, not the goal. Volume 2 builds you to fourteen.

CHECKLIST · THE 14-DAY UPGRADE

READY FOR TWO WEEKS

- [ ] Water wall — 14 gallons for every person
- [ ] Pantry — 14 days, oldest at the front
- [ ] Go-bag packed for every person
- [ ] Bucket toilet + handwash station built
- [ ] This guide printed, laminated, bound
- [ ] Meeting point picked + practiced
- [ ] Contacts written in the book by hand
- [ ] Generator spot marked — 20 feet out
- [ ] Medical battery tested for one full night
- [ ] Neighbors' numbers traded + written

Every box ticked = a household that can wait out the worst two weeks calmly.

LOG · ONE LINE A DAY

WATER LOG

DAY	JUGS AT START	USED	LEFT
1			

Count every morning. One gallon per person per day is the budget.

LOG · ONE LINE A DAY

FOOD LOG

DAY	FRIDGE	FREEZER	SHELF
1			

Eat in order: fridge first, freezer second, shelf last. Mark what ran out.

CHECKLIST · ONLY ON OFFICIAL WORD

LEAVING CHECKLIST



- [ ] Officials have said: go
- [ ] Go-bags on backs
- [ ] Documents pouch + cash
- [ ] Sealed water for the road
- [ ] Medicine + medical devices
- [ ] Pets in carriers, leashed
- [ ] Radio in hand, tuned to officials
- [ ] House shut, doors locked
- [ ] Neighbors told where you are heading

No official word = no leaving. Inside stays safest.

CARD · CUT OUT + KEEP IN EVERY BAG

FAMILY CONTACTS CARD



Handwritten beats a dead phone. One card in every bag and wallet.

NAME + NUMBER

NAME + NUMBER

NAME + NUMBER

OUT-OF-AREA CONTACT

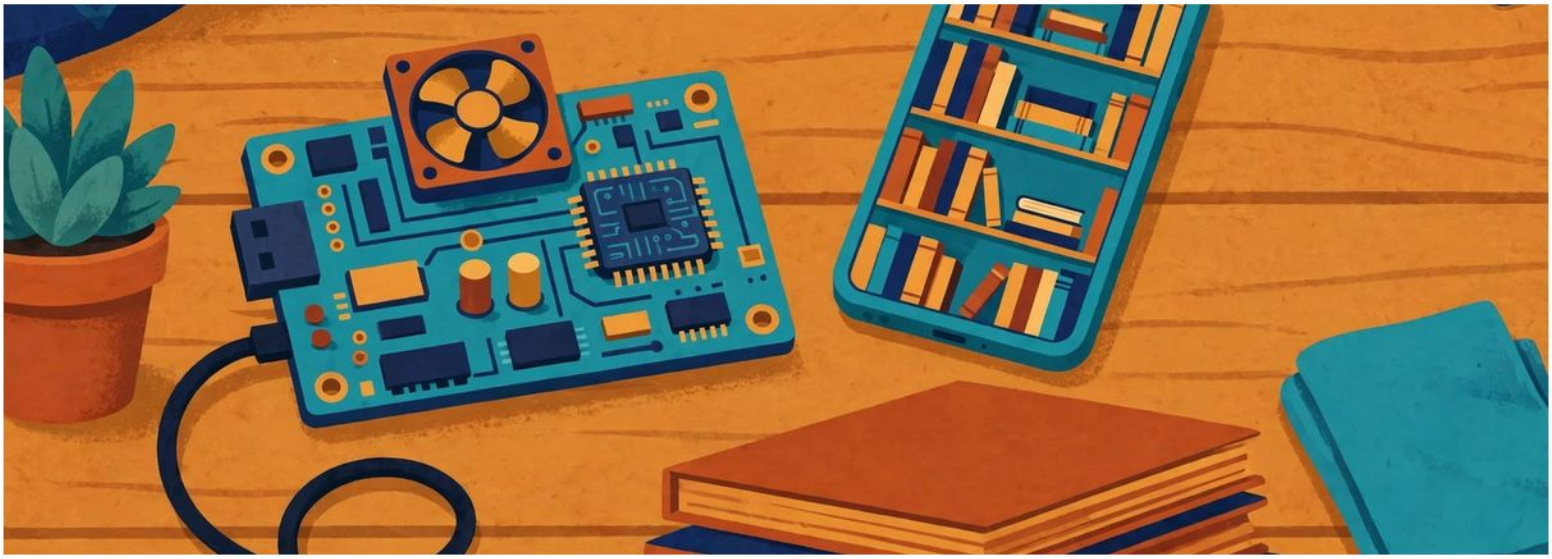
☐ **Cards copied for every family member**

DO THIS WEEKEND — BEFORE ANYTHING HAPPENS

Write the cards this weekend. Photograph them as a backup — paper stays primary.

CARD 9 · THE BRAIN, ON ONE CARD

THE BRAIN CARD



1. **BUILD IT**
   cooler + drive fitted; lid off to run it
2. **FLASH IT**
   system, settings, library — while internet exists
3. **ASK FOR THE PAGE**
   'Brain — show me the page', every time
4. **FAST = SMALL VOICE**
   the 3B model: reading speed, simple answers
5. **DEEP = SLOW VOICE**
   the 8B model: start it, then wait
6. **PACK IT**
   the bag is storage — it blocks Wi-Fi by design

THE LIBRARY IS THE TRUTH. THE VOICE POINTS AT PAGES.

CARD 10 · POWER, IN ORDER

THE POWER LADDER CARD



1. **1 · MEDICINE FIRST**
   medical devices, then the fridge in bursts
2. **2 · INFORMATION**
   radio, phone, the Brain — in sessions
3. **3 · ONE LANTERN**
   one room lit, nothing more
4. **4 · COMFORT LAST**
   fans + extra screens — first to go
5. **THINK IN WATT-HOURS**
   '10,000 mAh' is about 37Wh at the cell
6. **CRANKS ARE FOR RADIOS**
   2–7 watts — never plan a computer on one

WHEN IN DOUBT, CLIMB UP THE LADDER — NOT DOWN.

LABELS — WATER + FOOD

Cut on the solid line. Stick or tie to the container.

WATER

drinking · dated ___

WATER

washing only · dated ___

EAT FIRST

fridge · use today

FOOD

shelf · dated ___

FIRST AID

red pouch · check monthly

MEDICINE

2-week buffer · do not touch

LABELS — PEOPLE + PETS

Cut on the solid line. Stick or tie to the container.

PET FOOD

14 days · dated ___

PET WATER

counted in the gallons

GO-BAG

packed · by the door

KIDS' KIT

books · cards · flashlight

DOCUMENTS

dry pouch · copies inside

CASH

small bills only

LABELS — POWER + SANITATION

Cut on the solid line. Stick or tie to the container.

BATTERIES

tested · dated ___

RADIO + LIGHT

crank works · spare cells

SANITATION

bags · litter · soap

TOOLS

wrench · tape · gloves

CLEANING

soap · bleach · towels

SHELTER ROOM

everything inside stays

LABELS — ROTATION

Cut on the solid line. Stick or tie to the container.

ROTATE ME

oldest to the front

DRINK FIRST

oldest water first

DO NOT OPEN

freezer · keep the cold

USE TODAY

fridge clock is ticking

THIS WEEK

eat before the date

REFILL ME

empty? list it + replace

LABELS — THE BRAIN + POWER

Cut on the solid line. Stick or tie to the container.

THE BRAIN

run it open · lid off

POWER BANK

write its true Wh here

SOLAR KIT

panel + leads together

PRIME JUG

well pump only · do not drink

FUEL

outside only · dated ___

MAPS

house copy · bag copy

BUY-NOW MASTER LIST

THE NUMBERS FIRST

Counted for 2 adults + 2 children + 1 dog, for 14 days. Scale water and calories per person; power per device. Not vibes — arithmetic.

ITEM	QTY	~$	TAUGHT ON
Water — 1 gal × person × day × 14 days	56 gal	**8 tubs**	Vol 2 · Store Water Like Money
Calories — 2 adults × 2,000 + 2 kids × ~1,600, daily	14 days	**~100,000 kcal**	Food Deep · Count the Days
Rice — the anchor staple	25 lb	**~41,000 kcal**	Food Deep · Heavy Food, Small Shelf
Rolled oats	10 lb	**~17,500 kcal**	Food Deep · Heavy Food, Small Shelf
Pasta	10 lb	**~16,800 kcal**	Food Deep · Heavy Food, Small Shelf
Peanut butter	8 lb	**~21,000 kcal**	Food Deep · Heavy Food, Small Shelf
Dry beans (pair with no-cook anchors)	10 lb	**~15,500 kcal**	Food Deep · Soak It, Save the Fuel
Dog food — mid-size dog, by the bag's own chart	14 days	**~25 lb**	Vol 2 · Pets Are Family Too
The Brain's appetite — mixed use, per day	1 day	**~150 Wh**	The Brain · Powering the Brain
One CPAP night — device-dependent; test yours	1 night	**240–480 Wh**	Vol 2 · Medicine Gets Power First

IF IT ISN'T ON YOUR SHELVES YET, THE TIERS BELOW BUILD IT.

Quantities: Ready.gov water floor + USDA food-composition data. Prices APPROX, Nov 2026, unverified-live — check before buying. Buy from any supplier; this book takes no commission.

BUY-NOW MASTER LIST

TIER 1 — STARTER

The first weekend's shopping. Everything here is taught in the books.

ITEM	QTY	~$	TAUGHT ON
7-gal water containers	2	**36**	Vol 2 · Store Water Like Money
Unscented bleach (check the % on the label) + dropper	1	**6**	Vol 2 · Water: Safe or Not?
Crank / battery NOAA weather radio	1	**35**	Comms · The Weather Radio
Flashlights + headlamp	3	**25**	Vol 2 · One Lantern, One Room
Lithium AA batteries — radio + light reserve	8	**14**	Power · The Battery Is the System
Manual can opener, ferro rod, lighters	1 set	**12**	Fire · Light It Right
Bucket + heavy bags + litter (sanitation kit)	1 set	**20**	Vol 2 · The Bucket System
This kit — printed, binder, laminating pouches	1	**—**	Vol 2 · Print It. Laminate It.

TIER 1 TOTAL ≈ $150

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BUY-NOW MASTER LIST

TIER 2 — FAMILY

Tier 1, plus the two-week build-out for a family of four and a dog.

ITEM	QTY	~$	TAUGHT ON
Water containers — up to the full 56 gal	+6	**108**	Vol 2 · Store Water Like Money
Staple calories to ~100,000 kcal (rice, oats, pasta, peanut butter, beans + a	lot	**180**	Food, Deep · Count the Days
Gravity / squeeze water filter (its limits are taught)	1	**30**	Water, Deep · Filter ≠ Purifier
Power banks, 10,000–20,000 mAh (37–74 Wh)	2	**50**	Power · Powering the Brain
Camp stove + fuel (outdoor use only)	1	**60**	Fire · Cook on the Stove
Fire extinguisher (ABC) + battery CO detector	1 + 1	**55**	Home · The Red Bottle / Alarms
First-aid upgrade: trauma gauze, splint, commercial tourniquet	1 kit	**45**	Skills · The Tourniquet
FRS / GMRS radio pair	1 pair	**45**	Comms · Two Radios, Two Rules
Pet food, 14 days + carrier check	lot	**40**	Vol 2 · Pets Are Family Too

TIER 2 TOTAL ≈ $600 — INCLUDING TIER 1

Prices APPROX, Nov 2026, unverified-live — check before buying. Buy from any supplier; this book takes no commission.

BUY-NOW MASTER LIST

TIER 3 — FULL

Tier 2, plus real power and the tools that finish the house.

ITEM	QTY	~$	TAUGHT ON
LFP power station, ~1,024 Wh class	1	**~500**	Power · The Battery Is the System
Solar panel, station-matched, 200–400W	1	**180–300**	Power · Sun Is the Backbone
Paper maps (state + region) + baseplate compass	1 set	**35**	Navigation · Paper Maps
Fishing kit-in-a-tin (+ licences where required)	1	**25**	Field Food · The Fishing Kit in a Tin
Hand tools for shutoffs — the meter wrench lives ON the meter	1 set	**30**	Home · Turn the Water Off

TIER 3 TOTAL ≈ $1,500 — INCLUDING TIERS 1–2 · THE BRAIN IS ITS OWN LINE, NEXT PAGE

Prices APPROX, Nov 2026, unverified-live — check before buying. Buy from any supplier; this book takes no commission.

BUY-NOW MASTER LIST

THE OFFLINE BRAIN — PARTS

The flagship's shopping list. Deliberately its own block: at 2026 prices it costs as much as a whole tier. The plan is in the book at every tier.

ITEM	QTY	~$	TAUGHT ON
Raspberry Pi 5, 8GB (16GB is the upgrade)	1	**175**	The Brain · The Parts, On One Table
Official 27W USB-C power supply	1	**13**	The Brain · The Parts
Official Active Cooler	1	**~11**	The Brain · Step 1 · Build It
Pi 5 case	1	**10**	The Brain · Step 1 · Build It
M.2 HAT+ storage board	1	**~12–21**	The Brain · Step 1 · Build It
512GB NVMe SSD (or the SSD kit bundle)	1	**~120**	The Brain · Step 4 · Load the Library
Logitech K400 Plus keyboard + touchpad	1	**~28**	The Brain · The Parts
Faraday bag, laptop size (storage only)	1	**~90**	The Brain · Pack It. Know Its Limits.

BRAIN TOTAL ≈ $459 (8GB) · ≈ $589 (16GB)

2026 memory prices moved fast — verify live before buying. Prices APPROX, Nov 2026, unverified-live — check before buying. Buy from any supplier; this book takes no commission.