

DOOMREADY

Lights out, ready.

What to buy before the lights go out — and why. In order, in tiers, with the math done.

FREE PREP CHECKLIST

From DoomReady — the complete illustrated survival system.

FREE PREP CHECKLIST

START WITH THE NUMBERS



56 GALLONS
of water — a family of four, 14 days

100,000 KCAL
of food energy for the same two weeks

3 TIERS
start near $150 — grow when you can

× DON'T BUY RANDOM GEAR — BUY THE LIST, IN ORDER

DO THIS WEEKEND — BEFORE ANYTHING HAPPENS

Print this checklist and work Tier 1 first: one weekend, the basics covered, every box checked in pen.

FREE PREP CHECKLIST

WATER — DRINK, CLEAN, STORE



- [ ] **7-gallon water containers** — TIER 1 · STARTER
  2 to start (14 gal) — grow to 8 (56 gal)
  Taps stop when the grid does. This is your drinking water — 1 gallon per person, per day.

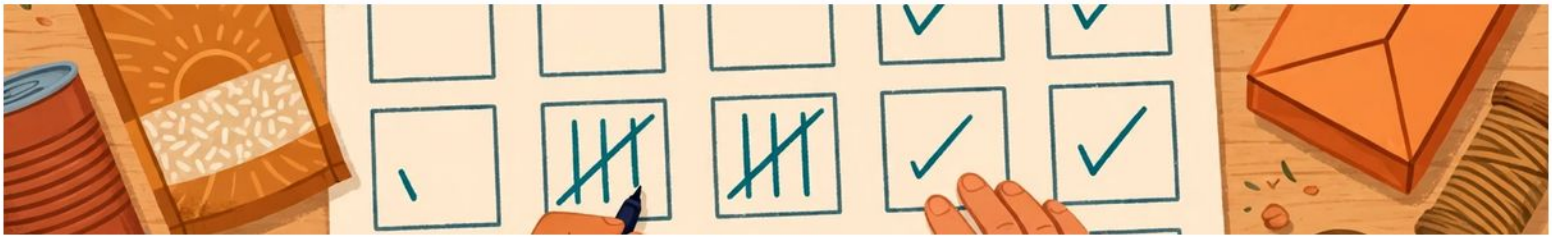
- [ ] **Unscented bleach + dropper** — TIER 1 · STARTER
  1 bottle + dropper
  A few drops make stored water safe to drink when you can't boil it.

- [ ] **Squeeze / gravity water filter** — TIER 2 · FAMILY
  1 filter
  Makes river, rain and tap water drinkable — know its limits: no viruses, no chemicals.

The full system teaches purification step by step: boiling, bleach by concentration — and what filters can't remove.

FREE PREP CHECKLIST

FOOD — 100,000 CALORIES



- [ ] **Dry white rice** — TIER 2 · FAMILY
  25 lb bag
  The cheapest calories there are — one bag holds about 41,000 kcal.
- [ ] **Rolled oats** — TIER 2 · FAMILY
  10 lb
  About 17,500 kcal; cooks in minutes and kids will actually eat it.
- [ ] **Dry pasta** — TIER 2 · FAMILY
  10 lb
  About 16,800 kcal of shelf-stable energy in a cheap box.
- [ ] **Peanut butter** — TIER 2 · FAMILY
  8 lb
  Calorie-dense, no cooking, no fridge — about 21,000 kcal.
- [ ] **Dry beans** — TIER 2 · FAMILY
  10 lb
  Protein that keeps for years — pair it with fuel and water to cook.
- [ ] **No-cook food box (bars, crackers, canned meals)** — TIER 2 · FAMILY
  1 box, ~2 days of meals
  Food for the first 48 hours, when cooking may be impossible.
- [ ] **Manual can opener** — TIER 1 · STARTER
  1 (plus a spare)
  Canned food is useless when the electric opener is dead.
- [ ] **Dog food, 14 days** — TIER 2 · FAMILY
  ~25 lb for a mid-size dog
  Your dog eats from the plan too — two weeks, stored like yours.
- [ ] **Fishing kit-in-a-tin** — TIER 3 · FULL
  1 kit (licence where required)
  Protein from the water nearby, when the stores are empty.

The manual does this calorie math for YOUR family, then teaches storage, rotation and no-cook meals.

FREE PREP CHECKLIST

POWER — LIGHT, PHONES, STATIONS



- [ ] **Flashlights + headlamp** — TIER 1 · STARTER
  3 lights
  Light without flames — and a headlamp keeps both hands free.

- [ ] **Lithium AA batteries** — TIER 1 · STARTER
  8-pack (radio + light reserve)
  Ten-year shelf life; they keep the radio and lights alive.

- [ ] **Power bank, 10,000–20,000 mAh** — TIER 2 · FAMILY
  2 banks (37–74 Wh each)
  Keeps phones alive for news, light and family contact.

- [ ] **LFP power station, ~1,024 Wh** — TIER 3 · FULL
  1 station
  A silent generator: fridge in bursts, medical devices, the Brain.

- [ ] **Solar panel, 200–400W** — TIER 3 · FULL
  1 panel, matched to the station
  Refills the station every sunny day — power that renews itself.

The Power chapter sizes solar and batteries to your home — and proves why a hand crank can't run a computer.

FREE PREP CHECKLIST

SHELTER — SAFE, WARM, SANITARY



- [ ] **Bucket + heavy bags + litter (sanitation kit)** — TIER 1 · STARTER
  1 set
  When the toilet won't flush, this is the toilet — safely.
- [ ] **Camp stove + fuel** — TIER 2 · FAMILY
  1 stove + fuel canisters
  Hot food and boiled water — outdoors only, always.
- [ ] **Ferro rod fire starter** — TIER 1 · STARTER
  1 rod
  Thousands of sparks and it works wet — fire when matches fail.
- [ ] **Lighters, multi-pack** — TIER 1 · STARTER
  1 multi-pack
  The simplest fire you own. Keep several, in several places.
- [ ] **Fire extinguisher (ABC)** — TIER 2 · FAMILY
  1, kitchen-sized
  Small fires become big ones when no truck is coming.
- [ ] **CO detector (battery-powered)** — TIER 2 · FAMILY
  1 per sleeping area
  Carbon monoxide is invisible. Generators and stoves make it.
- [ ] **Pet carrier** — TIER 2 · FAMILY
  1, sized to your pet
  If you must leave fast, the dog or cat is secured in seconds.
- [ ] **Hand tools + gas/meter wrench** — TIER 3 · FULL
  1 set; the wrench lives ON the meter
  Turn off gas and water at the source after a quake or a leak.

Sanitation, sealing a room, warmth and utility shutoffs are full pictured chapters in the complete system.

FREE PREP CHECKLIST

FIRST AID — THE FIRST MINUTES



- [ ] **Trauma first-aid upgrade (gauze + dressings)** — TIER 2 · FAMILY
  1 kit
  For bleeding that can't wait — pressure first, always.

- [ ] **Commercial tourniquet** — TIER 2 · FAMILY
  1, windlass type
  A real one, practiced with — it saves limbs and lives.

- [ ] **Moldable splint** — TIER 2 · FAMILY
  1 splint
  Holds a broken arm or ankle still until real help exists.

- [ ] **Bandages, medical tape, nitrile gloves** — TIER 1 · STARTER
  1 restock box
  The everyday layer — cuts, scrapes and safe cleanup, handled cleanly.

- [ ] **Antiseptic wipes + antibiotic ointment** — TIER 1 · STARTER
  1 box + 2 tubes
  Small wounds turn serious when hospitals are far. Clean them early.

A checklist is not training. The manual pictures bleeding control, CPR, tourniquets and splints step by step.

FREE PREP CHECKLIST

COMMS — HEAR, TALK, NAVIGATE



- [ ] **Crank / battery NOAA weather radio** — TIER 1 · STARTER
  1 radio
  The official word when phones and internet are gone.

- [ ] **FRS/GMRS radio pair** — TIER 2 · FAMILY
  1 pair
  Talk to your people across the neighborhood — no network needed.

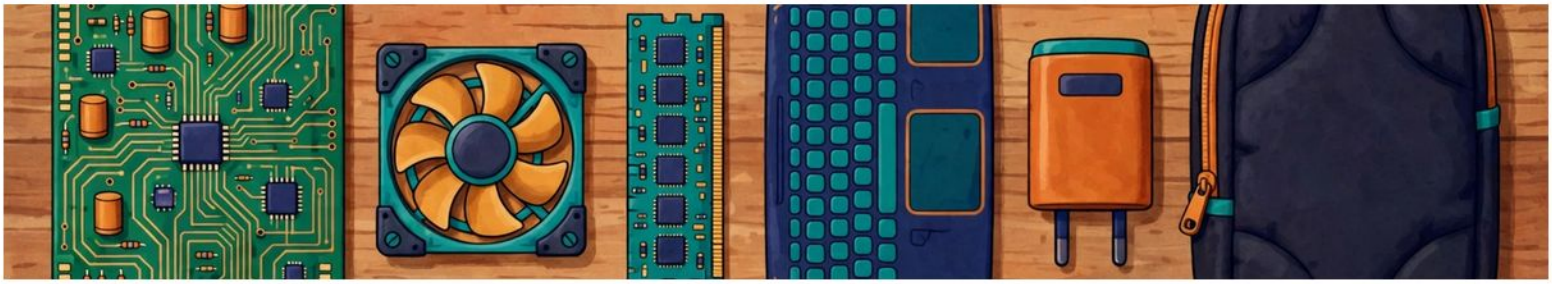
- [ ] **Paper maps (home state + region)** — TIER 3 · FULL
  1 set
  GPS dies with the grid. Paper doesn't.

- [ ] **Baseplate compass** — TIER 3 · FULL
  1 compass
  Pairs with the paper maps — direction you can hold in your hand.

The complete system adds radio discipline, offline mesh messaging, and map-and-compass navigation.

FREE PREP CHECKLIST

THE OFFLINE BRAIN — A TEASER



- [ ] **Raspberry Pi 5, 8GB** — THE BRAIN
  1 board
  The computer — a whole library plus a local AI, sipping about 6 watts.
- [ ] **27W USB-C power supply (official)** — THE BRAIN
  1
  Underpowered, the Pi slows itself down. Feed it properly.
- [ ] **Active cooler for Pi 5** — THE BRAIN
  1 — not optional
  An uncooled Pi overheats, throttles and crawls. The fan is mandatory.
- [ ] **Case for Raspberry Pi 5** — THE BRAIN
  1
  Keeps the board safe in a drawer, a shelf or the go-bag.
- [ ] **M.2 HAT+ for Pi 5** — THE BRAIN
  1
  The bridge that connects the fast drive to the board.
- [ ] **512GB NVMe SSD (M.2 2230/2242)** — THE BRAIN
  1 drive
  Holds all of Wikipedia, the maps, the medicine shelf — and this book.
- [ ] **Wireless keyboard + touchpad (K400 class)** — THE BRAIN
  1
  One keyboard, no cables — runs for months on one set of batteries.
- [ ] **Faraday bag, large** — THE BRAIN
  1, laptop-sized
  Stores the Brain sealed — dry, dark, and shielded from surges.

This page is the teaser. The full build — every step pictured, the setup sequence, the power drill — is Chapter 1 of the complete system.

FREE PREP CHECKLIST

WHAT THE FULL SYSTEM ADDS

This checklist is the shopping list. The complete system is the instruction manual — 165 pictured pages that turn these boxes into a working plan:

- **THE OFFLINE BRAIN, BUILT STEP BY STEP**
  every part, every screen, the one-afternoon setup sequence
- **THE BLAST, IN ORDER**
  the first minute, the 10-minute fallout window, the room that protects you
- **EVERY PROCEDURE PICTURED**
  water, food, power, sanitation, first aid — one big picture per page
- **DECISIONS, NOT PANIC**
  flowcharts for stay-or-leave, safe-or-not, hurt-what-first
- **YOUR FAMILY, FILLED IN**
  your shelter room, your meds, your meeting point — the plan becomes yours
- **PRINTABLES**
  the 18×24 wall poster, quick cards and labels for every container

Print this checklist. Put it in a binder. Check a box every time something lands on the shelf — that binder is the beginning of the system.

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